



# Helmet Use Policy

Applicable to:

- Course Conductors,
- Certified Instructors,
- Employees or volunteers working with the above,
- Participants in Instructor Training courses, and
- Participants in all courses offered by Certified Instructors.

Effective date: February 10, 2021

## The Policy

Effective immediately, the use of a properly fitting, certified bicycle helmet will be required by all on duty or in uniform CIAC Course Conductors and Certified Instructors, as well as their employees and volunteers, unless subject to a specific legal exemption.

Those with exemptions will submit a signed statement to CIAC indicating such. Participants in Instructor Training (taught by Course Conductors) or CIAC courses (taught by Certified Instructors) will also be required to wear a properly fitting, certified bicycle helmet unless they have a specific legal exemption.

All course participants exercising a legal exemption will be required to sign an additional line on the waiver stating such.